

**63/1 (SEM-6) DSE4/EDNHE6046**

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**EDUCATION**

**Paper : EDNHE6046**

**( Abnormal Psychology )**

*Full Marks : 80*

*Pass Marks : 32*

*Time : 3 hours*

*The figures in the margin indicate full marks  
for the questions*

1. Choose the correct option of any six of the following : 1×6=6

(a) Abnormal psychology is the study of

- (i) mentally diseased person
- (ii) feeble-minded person
- (iii) anti-social person
- (iv) All of the above

- (b) Which of the following is not a type of neurosis?
- (i) Hysteria
  - (ii) Anxiety disorder
  - (iii) Phobia
  - (iv) Schizophrenia
- (c) OCD stands for
- (i) Obsessive Compulsive Disorder
  - (ii) Obsession Controlling Device
  - (iii) Obesity Compulsive Disorder
  - (iv) Obesity Controlling Device
- (d) Psychoanalysis was introduced by
- (i) Freud
  - (ii) Skinner
  - (iii) Thorndike
  - (iv) Eugen Bleuler

- (e) Delusion is
- (i) a feeling of loss of sensation
  - (ii) a false belief
  - (iii) an uncomfortable sensation
  - (iv) All of the above
- (f) Manic depressive psychosis or bipolar disorder is characterized by the presence of
- (i) mood swing
  - (ii) headache
  - (iii) sneezing attack
  - (iv) allergies
- (g) Hysteria is characterized by
- (i) autistic thinking
  - (ii) indifference to suffering
  - (iii) pressure to speech
  - (iv) flight to ideas

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- (h) A person is considered as mentally healthy person when they
- (i) feel good about themselves
  - (ii) make their own decisions
  - (iii) feel comfortable with other people
  - (iv) All of the above
- (i) Hypnosis means
- (i) a trance-like state
  - (ii) autosuggestion
  - (iii) anaesthesia
  - (iv) hocus-pocus
- (j) Diagnosis of mental illness is generally carried out by which person of the following?
- (i) A clinical psychologist
  - (ii) A counsellor
  - (iii) A psychiatrist
  - (iv) A nurse

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2. Answer any *five* of the following in brief : 2×5=10
- (a) What do you mean by abnormal psychology?
  - (b) What is anxiety?
  - (c) Write two general causes of abnormal behaviour.
  - (d) What do you mean by adjustment process?
  - (e) What do you understand by mental hygiene?
  - (f) Mention two causes of phobia.
  - (g) Write briefly two types of mental treatment during hospitalization.
3. Answer any *six* of the following : 5×6=30
- (a) Write the characteristics of an abnormal person.
  - (b) What are the differences between psychosis and psychoneurosis?
  - (c) Write the general symptoms of mental deficiency.

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- (d) Write a note on hypnosis.
- (e) Discuss the importance of mental hygiene.
- (f) Enumerate the causes of frustration.
- (g) Write about the symptoms of frustration.
- (h) Explain any three types of conflict.
- (i) Briefly write the causes of manic depressive psychosis.
- (j) Write a short note on psychoanalysis.

4. Answer any *two* of the following :  $10 \times 2 = 20$

- (a) What do you mean by psychoneurosis? What are the characteristics of psychoneurosis?  $4+6=10$
- (b) What is mental health? What are the characteristics of a mentally healthy person?  $2+8=10$
- (c) Define adjustment. What are the characteristics of a well-adjusted person?  $2+8=10$
- (d) Explain the scope of mental hygiene. 10

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5. Answer any *one* of the following : 14

- (a) What is obsessive-compulsive neurosis? Briefly discuss the causes of obsessive-compulsive neurosis. How can obsessive-compulsive neurosis be prevented?  $2+6+6=14$
- (b) Explain the dimensions of mental health. What are the factors that affect mental health of a person?  $7+7=14$
- (c) What do you mean by conflict? Write its nature and characteristics.  $4+10=14$

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